### ALL DAY BREAKFAST

#### **SOURDOUGH OR GLUTEN FREE TOAST**

with preserves (vg) \$8.5

#### **EGGS & TOAST**

scrambled, poached or fried (v) \$15.3

#### CITRUS GRANOLA

caramelised blood orange, Greek yoghurt, honey comb crisps, honey lavender syrup \$19.5

#### **HUEVOS RANCHEROS** SCRAMBLED EGGS

Mexican salsa, green chilli, black bean puree, finger lime, goat cheese, chorizo jam (gfo) \$24.5

#### PRAWN KIMCHI OMELETTE

corn bonito mayo, shredded cheese, chives, pea sprouts (gfo) \$29.5

#### **AVOCADO BRUSCHETTA**

tomato chutney, herb salad, dry fig vinaigrette, crumbled feta, dukkha, beetroot chips (gfo, v, vgo) \$23.5

#### **BUTTERNUT SQUASH EGGS BENEDICT**

ricotta, poached eggs, pine nuts, lime salsa, chipotle hollandaise (gfo, vo) \$26.5

#### **ROAST PUMPKIN**

kale sautéed Brussel sprouts, quinoa, confit cherry tomatoes, poached egg, shaved halloumi, white bean puree, basil, roasted hazelnuts (gf, v, vgo) \$25.5

#### **SWEETCORN FRITTER**

smoked salmon, avocado salsa, feta mousse, poached egg, coriander sauce, dill (vo) \$24.5

### MORE LIKE LUNCH

#### PROSCIUTTO MOZZARELLA LA DELIZIA LATICCINI

marinated melon, arugula, basil vinaigrette, multi-seed cracker \$24.5

#### **SAUTEED ASPARAGUS**

burrata, roasted beetroot, parmesan flakes, fried egg, pickled cucumber, red chilli, hazelnuts (gfo, v) \$19

#### **CHICKPEA PATTIES**

sautéed sweet potato, coriander, smashed avo, tomato chutney, lemon tahini sauce (vg) \$23.5

#### STICKY PORK BELLY

sautéed broccolini, broad beans, spring onion, red chilli, rice (gf) \$38.5

#### SLOW COOK LAMB SHANK

rosemary roasted baby potatoes, crumble feta, pistachio \$36.5

#### **BARRAMUNDI FILLET**

spinach herbs lemon risotto, plum sauce, roasted hazelnuts (gf) \$36.5

#### HARVEY BEEF RIBEYE

potato and garlic puree, gremolata, mushroom miso sauce (gf) \$46.5

#### **CRISPY CHICKEN**

stir fried green beans, spring onion, creamy coriander sauce \$34.5

#### **PRAWN TAGLIATELLE**

garlic, red chilli, heirloom cherry tomatoes \$37.5

**ADD ON** 

PAN-FRIED TOMATO / SPINACH / MUSHROOM /

EGG (1) / BROCCOLINI / FETA \$4.5

BACON/AVOCADO \$6

SMOKED SALMON / CANDIED CHILLI BACON /

PULLED PORK / BRISKET \$7

KIDS COMBO

Choice of either:

Eggs on toast (1 pc toast) or

Waffles with berries & maple syrup or

Toastie (cheese, ham & cheese, vegemite, cheesemite)

Babycino

Kids juice.

\$15

#### YOU CAN ORDER FROM BOTH ALL DAY ANYWAY

## WAFFLE MENU

#### SLOW COOKED BRISKET

poached eggs, chipotle hollandaise, sliced parmesan \$26.5

#### **BREAKY**

fried egg, smoked bacon, avocado, maple cream cheese, chilli flakes \$25

#### MIX FRESH BERRIES

nutella sauce, matcha white chocolate sauce, vanilla bean ice cream (v) \$22

#### **CRISPY CHICKEN**

cumin slaw salad, red chili, sriracha mayo, maple syrup \$27.5

(v) vegetarian (vg) vegan (gf) gluten free (o) option available

**COFFEE OFFERINGS** 

ESPRESSO / SHORT BLACK

**BLACK** 

**DOUBLE ESPRESSO** 

LONG BLACK

#### ICED

**ICED LONG BLACK \$6** 

**ICED LATTE \$6** 

**ICED COFFEE \$8.5** 

**ICED MOCHA \$8.5** 

**ICED CHOCOLATE \$8** 

**ICED CHAI \$8** 

**COLD BREW \$6** 

**ROSEMARY LEMONADE \$7** 

**ICED TEA \$7** 

## —— ТЕД ———

## by high tea with Harriet

**ENGLISH BREAKFAST \$5.5** 

**EARL GREY \$5.5** 

**CHUN MEE GREEN TEA \$5.5** 

PEPPERMINT \$5.5

**LEMONGRASS AND GINGER \$5.5** 

CHAITEA \$6.5

FIELDS OF GOLD CHAMOMILE \$6.5

# **SMOOTHIES** \$4.5/\$8

**BANANA** 

**STRAWBERRY** 

**BLUEBERRY** 

MANGO

**CHOCOLATE** 

#### WHITE

FLAT WHITE/LATTE/CAPPUCCINO

**MOCHA** 

HOT CHOCOLATE

SPICE CHAI LATTE

LONG MACCHIATO

SHORT MACCHIATO / PICCOLO

**BABYCINO** 

### **MILK VARIETIES** / EXTRAS

EXTRA CREAMY / SKIM

LACTOSE FREE

ALMOND/ SOY/ OAT +.70 / 1.0 / 1.20

EXTRA SHOT +.50

**DECAF** 

# —— JUICE \$8 ——

#### by Pressed Earth (cold pressed)

#### RESTORE

apple, beetroot, carrot, lemon and ginger

#### **IMMUNITY**

apple, celery, kale, lemon and broccolini

### **ENERGISE**

watermelon, pink lady, mint, lime and strawberry

### VITALITY

granny smith, pineapple, grape, lime and strawberry

### STRAIGHT ORANGE

100% orange juice

STRAIGHT APPLE

apples + vitamin c

